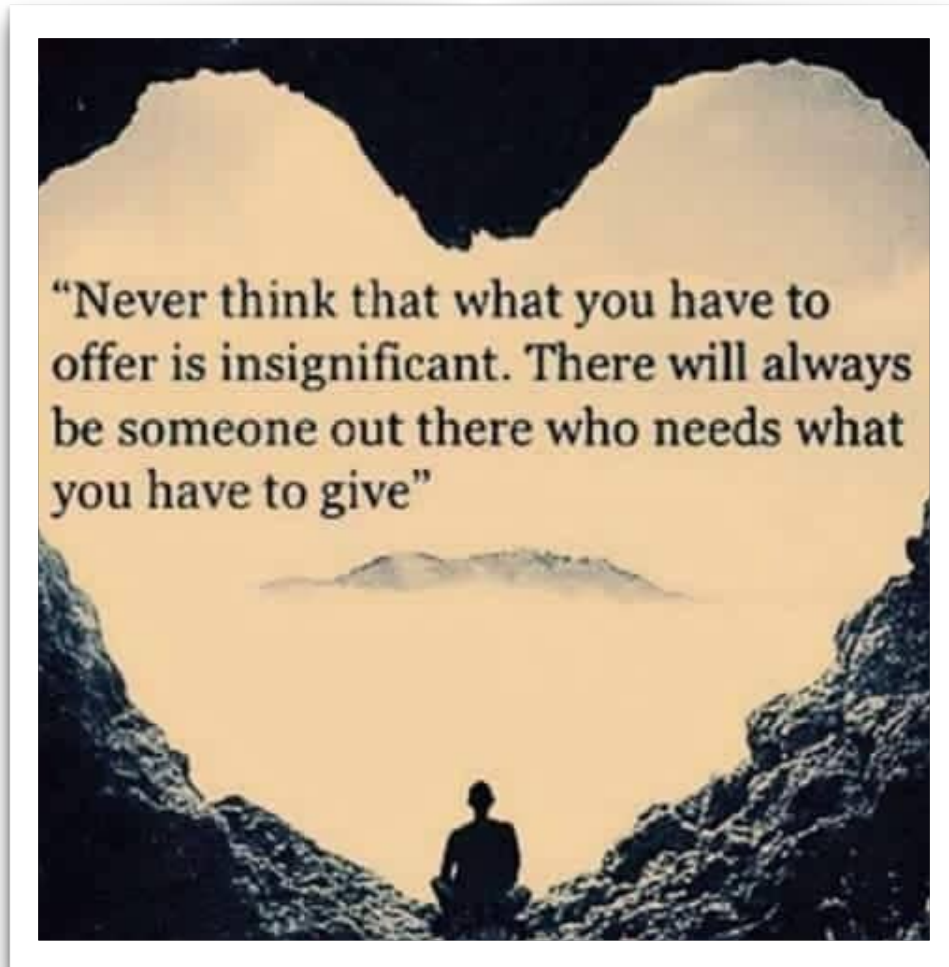


# Healing Gaia and Humanity Requires a Committed, Integrated Movement



## Where Do You Fit?

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## Introduction

When you are facing a situation that is dangerous or life threatening, it behoves you to bring all you know or can gather to the table. In answer to the question I have been asked, "When is a good time to explore energy/spiritual/complimentary healing?" I always answer, "Before you need it."

When you are faced with a situation, a disease, that has the possibility of ending the life of your physical body, you are most likely moved to fear, doubt, anger, and pain. In those moments, there is little room for curiosity, time to explore new ideas, or energy to take on new practices. You may feel that you are hanging over a cliff by your fingernails.

And yet, it is at those times that you most need an integrated protocol that weaves together a variety of practices.

We Star beings in Physical body suits live in multi-dimensional regions.

Therefore, changes/healing happens more quickly when **hose** that directly impact the physical, and the mental, and the emotional, and the spiritual



## Time is of the Essence

- **Step one**  
is to name the situation.
- **Step two**  
is to choose whether you want to repeat the patterns or want it eliminated. Choice is in your hands. Being a Star Soul in a physical body suit is the greatest point of change.
- **Step three**  
requires you to have a 'toolbox' of processes. Some that you use to go that past moment, discover the planted seeds that grew into such a very poisonous, toxic, dangerous situation. Others heal, transform, and place new patterns, seeds for new outcomes into your life field of energy.
- **Step four**  
goes hand in hand with the third step. It is having the authority over your life and working with laws to become a energy of energy, vibrations, and frequencies. The knowledge and ability to work with energy takes you to the past where the situation chosen for removal begins and to work with laws to create new outcomes in your life.

This e-book will give you knowledge of long ago situations that have kept humanity locked in fear and domination. Also, has removed souls in female bodies from their true assignment of unity and guardianship of All Good. Restoring these two truths and processes based on laws are a beginning point for transforming our world.

I want to speak of one past event that I was shown as I worked with women clients. In the original villages, our Star families souls incarnating in female body suits, were charged with designing the cultures. They were assigned with creating the support and safety for Earth volunteers. Providing the plans and policies to

give Star beings with light energy bodies time to master the physical Earth vehicles. Then, how to apply universal laws to create a thriving village. How do you create support for yourself and others in this new world?. was their charge. It was circles of women with energetic roots into Gaia who designed the villages, set policies, used laws to manifest the ideas in their design. We could name them as Goddess, or Original Mothers. They were definitely expressions of the Divine Female Assignment.

Those in male body suits were being monitored by devices attached from beings who had chosen agendas of domination and control. These devices kept the star soul in the male body under constant watch. In addition to keeping the dominators focused on them, these star beings flowed undetectable high energy of higher/faster frequencies of all possibilities from Home into the village. Women could then use the energy to manifest forms to nurture, inspire, and expand the village. Difficult. The male assignment assured that dominators had no awareness and therefore no oversight of the female bodies. This left souls in female bodies free to build support and provide guardianship for safety. These first ones on the planet lived within cultures created by women to brought benefit to all life forms while Gaia was kept pristine.

## **Reclaiming Your Divine Gift and Star Agenda**

300,000 years ago several small villages of earth volunteers experienced lush gardens, great peace, and respectful living. Until a male with a monitoring device and a female with no device came too close to one another. Her presence caused a vibration seen by those monitoring. Those with domination as agenda had been waiting until those in the male body began to build something of worth. Now, they discovered that there was a second presence they did not own. One who could name them and with the authority to declare their removal. In order to have retain their presence and agenda of domination and control on this planet, those in the second body, female bodies, had to be injured, attached, discouraged, and targeted. They had to be made vulnerable enough to doubt themselves or to be harmed through violence so that their bodysuits could be devised, and owned. And the souls in female bodysuits in that village encountered dominating beings

that would not adhere to their voice, nor ask for permission before entering the village. Using the male body, which they owned, these invaders found the authority power center to remove outsiders within the female body and the heart, nurturing centers within the male body and unplugged both. From that point, voices of the women when they sensed a dominator's energy never reached those beyond the planet who had been prepared to help. The heart of nurturing of the male mission was co-oped by the outsiders. Outsiders became the 'god' over the male and required the female to obey the 'male' voice. This great crippling left Gaia and the Star souls unprotected. The message went out through the ethers that something was greatly wrong with the plan. Instead of Star souls in female bodies being able to safeguard the village, they were being targeted, injured, deviced, and immobilized. Something was wrong and there was great danger. And the message went out through the ethers and through the roots within Gaia. Women councils in village after village knew they had to do something. Being forewarned, what could they do?

In my healing career, I am always on a radical search for answers. Most often I am taken to the distance past, traveling in me quest for causes which will bring permanent solutions. One such question was, "Why are women in this present day fighting one another as if in competition with one another?"

Another came from a client. A very capable woman whose father was Black and her mother was White. She came because of deep divide she felt within herself. She had tried many processes and it was still there after years.

As soon as I stepped into her field, I felt the divide, the struggle. It took the form of her two grandmothers, one White and the other Black.

Her Black grandmother was urging her to stand up, be loud, shout, and stomp. Her White grandmother was frightened, pulling down, asking her to keep silence, be still, not be seen.

I acknowledged the grandmothers. "I know that you both love Susan (not her real name) and want only what is best for her." They both assured me they did. "This pull and tug is not helpful. How about going back in time with me to

see where such a large gulf was created in order to discover a way that you each can help as you want?"

They agreed. I called in a team of integrity who would guide us in the journey back in time.

Eventually we came upon a sacred council place. It was the gathering circle of a long-ago village. In imagination, a place of power and truth, we saw women gathered. We stood outside the circle, first as observers and watched them gather in their sacred place within a grove. It was clear that this was a grove in which they had discussed and planned and danced and evaluated many times. And from their energy of leadership, design, and policy making, their village was thriving. And now they had sensed that something was wrong. There was danger. So they were very somber in this gatherings.

We watched and listened.

They discussed ideas. How they felt. How they could best get through this horrendous glitch in the plan for Earth. The glitch of women's voices, women's presence being discounted, targeted traumatized in order for them to be disempowered this moment, that group only had one answer. And that was we have to do what we have to do to preserve the female mission, the gifts, the abilities that come with that assignment. Alchemy magic. Healing. Visioning. Dreaming.

"We have to preserve those gifts," on spoke and head nodded.

"If they are found, they will be taken from us." "Without the gifts given us by our Divine plan, our families beyond earth will be lost."

"What can we do protect them until we find the key to stop and prevent these invader types?"

"And, how can we restore our authority voice?"

Finally, it was decided that each woman would take one gift into their home and pass it down from daughter to granddaughter. Not just pass it down, but they gift would have to seem innocuous, of no value.



"We can preserve our precious gifts within their female lineage, our daughters, granddaughters, great granddaughters. Preserve and and protect!"

For example, alchemy, changing lead to gold, became cooking. It appeared innocuous, just a necessity of life. Magic to through the power of energy, became poetry. Healing was drumming and chanting. Visioning became creative art. And in each tradition, the gift, drumming, or cooking, or creating, was taught to be preserved and safeguarded.

One by one, each of the women took a gifts and made a soul contract that they would preserve that gift, its magic, and its power, generation after generation. They all did this hoping for a time when an understanding of the cause of losing the female's voice as authority could be found. Cause found, the corrections could be made and such a key would restore what had been taken.



We watch as the gifts were chosen.

Then two women come forward.

They turned to make eye contact with each sister in the circle. One spoke, "We are taking no gifts. We are going into the world naked, if you will. We will be so neutralized that we could be seen as one of the invaders.If can spy, even mimic them while we spy, we can find the key."

The second sister moved forward and said, "And our hope and intention is that we find can discover what broken. With that knowledge and the help of our Divine families beyond earth, we can see shown how to restore it. Then we will



come back, and give you that key. Only when that happens will it be safe to bring all of the gifts, wisdom, and magnificence of those gifts back together as a whole."

So here I and my client's grandmothers saw the cause. What had been multiple gifts creating in unity and safety were refracted into multiple, individual systems. Each preserved within a tribe, spoken of within the tribe and seen as innocuous in the world.

And the mission of the two was, if possible, to find the key that could make it safe and possible for gifts, those various colors, hues, songs to be brought together as a rainbow tribe back together as one. This was our star family. Our star family 300,000 years ago, knew that the rainbow tribe, their village, with all of the huge gifts and blessings that were part of the female assignment and responsibility could not come together until a key restoring the brokenness of Earth mission was found.

## What Calling Touches Your Heart

Knowing the problem, a change was possible

Once I had seen what they had planned and set into motion, I was able to hail them and ask if we could have permission to come into their circle. I said that I was coming with Sophia, the holder of wisdom, indeed the key they hoped would be found. They looked up, they looked at each other, and I said, "We come from the future. We come from your sisters who took no keys, who took on the assignment to find the answer. We come back to restore the key that was taken."

The sisters in circle were listening intensely.

I continued, "We have found and corrected the problem. The key which will allow the colors, the gifts, the songs to come into unity as was intended is what I bring."

"Are you ready?"

And they answered me. "Yes and we welcome you."

Welcomed, my client, her two grandmothers and I come into the circle. I explained that the beautiful evolutionary path, original power centers called chakras, had been crippled. The solar plexus, the very center holding connections for a female to speak from discernment and authority and be heard into the heavens, had been disconnected. Unplugged, female voices went nowhere. It was not that those in the spiritual worlds beyond earth had abandoned humanity. It wasn't because their Divine Star family members were still trapped. The problem had been discovered corrected. Sophia had held the mission of the power to speak into the unseen beyond earth to clear all that would dominate and destroy.

I explained, we were here to restore the original and even upgraded evolutionary blueprint and chakra system and re-ignite the Sophia mission.

Their smiles welcomed us. We were embraced with open hearts and arms. Stepping forward I spoke with gratitude and blessed them and their descendants

for what it took to hold firm in the face of violence, targeting, rape, and even death.

Sophia stepped forward, and she beckoned her collective, those souls connected to the female body and mission, forward. Each stood with a sister of that ancient circle, my client and her two grandmothers. Sophia sisters, ancient circle sister and sisters from the future were united with love and honoring. There was embracing and tears.

Sophia, dressed in a beautiful azure cloak, said, "We will begin."

Each Sophia's sister, also clothed in azure, a cloak, a cape, a necklace stood in front of her circle sister. Each Sophia sister leaned forward to place her third eye on the third eye of her circle sister. Quietly, each of the Sophia collective spoke a blessing and acknowledgment. Each spoke with authority to release all contracts made to separate and hide their light as female guardians and healers.

Then, each placing a hand on the solar plexus center, right around the navel of the body of that ancient sister, Sophia declared the activation.

"As Divine holder of the female mission of discernment and authority, I call forth the original chakra system of power centers with their evolutionary upgrades. The magnificent center of truth, integrity, wisdom, Sophia wisdom, comes online with secured connections to all Good held by the Divine Star Families of this earth mission."

We can sense the light, energy, expanding flows coming from worlds beyond earth moving down to the feet and connect with Gaia in a different way.

We say to Gaia, "We are here, as we promised, to safeguard all the beauty of your home that you opened to us eons ago. We are here as partners to guard and honor all that You Are." With that commitment, roots flow from our feet to become the great network, the mycelium of women's wisdom held within Gaia. We are held, firm, secured, resourced, by Her. By speaking the wisdom, the gifts, the vision for their children into the field of energy, the ancient circles expand the network of women's wisdom.

The 1st gift for you beyond this e-book, is an invitation to join a circle within which you can place your own blessings and vision.

Follow the link to the invitation and information.

## Grandmother Mycelium



The energy, enriched by these deep inner richness of Gaia connects, resources, and moves up to awaken each sister's heart center in new ways. Instead of being made to serve constantly without boundaries, the Heart center is now awakened under protection and discernment of Sophia. Grace of the heart is powerful as was originally intended. Gaia, Sophia, and Grace, the triad of the Divine Female Mission held within the Hara Buddha energy field. The energy of the power centers within each ancient sister awakens her light, brilliant, magnificent.

This center identifies frequency harmonics coming towards a sister's space, body, family, home, community or world with even the hint of possibility to destroy, target, dismantle, harm, of domination. With her authority activated, Star souls in female bodies can declare into the entire galaxy that such energies are immediately contained, neutralized and moved into extinction of light, a dust of light. Sophia center allows women to stand upon the triad of Gaia, Sophia and Grace to fulfill their mission.

Within the circle, the power centers within each sister resonates to create a vortex that fills all space.

Sophia has each woman notice and breathe in this energy.

"Now," she says, "close your eyes and sense out into the villages beyond yours."

"When you sense frequencies that are 'off', not in alignment to the harmonics of Good you are familiar with, raise hand."

One by one the hands of sisters are raised.

Sophia continues, "These are frequencies from agendas of domination. They are not from any of the agendas of your Divine Star families which contain aspects of Home, of Good."

"This is a 'taste' of that which will constrict life. It is contrary to 'life' you have chose to experience."

"Now, imagine a staff in your left hand. Thrust is deeply into Gaia."

Each sister does this.

"Declare, This is My space, my body, my village, my family, my world?"

Aloud or silently each sister follows the directive.

"There is a sword of authority in your right hand," Sophia speaks.

A sword?. The thought ripples around the circle.

"This is the sword of authority and clear, secure connections. Thrust it into the heavens!" Sophia directs.

"Connecting to all of my Divine family of Home, I speak for the containment of this space that feels 'off'. For identification of all energy waves, forms, and spaces that are of domination-type origin. DEEP Six all such within this field and beyond!"

DEEP Six are the words to activate removal and extinction of domination energies.

"Sense the field. Hold firm. This is not about power, fight, or violence. This is authority speaking truth to those beyond who will answer and act. When you feel the clearing, bring your 'sword' back to your side."

One by one, the sisters rest their arms to their side. They now know how to sense domination and what the Sophia voice brings to clear and safeguard.

With the female mission restored as leadership to design, to build, to call for partners, to discern, stewardship and guardian, energy of domination is clearly felt. And the voice of authority will make it impossible for agendas of domination to have place in our world.

"We call for the identification, dismantling, and removal of all ownership devices with the male bodysuit be identified and moved to extinction of light dust. The same to be effective within all physical body vehicles and living energy fields of Star beings on Earth mission," Sophia concludes.

Sit within the Sophia Initiation. You can use it often and share with friends and sister circles.

Women rising is valuable. AND, Women rising with the Authority to Move the Mountains that are destroying humanity and our planet is even more valuable. The sisters breathe awake into that past moment. They smile, hug, and know that all of the gifts that had been separated could be restored for all to use. The contracts made to keep each gift only within their lineage and away from others is removed. Now the preserved gifts can be shared. Drumming is taught to everyone. Cooking and magic is being shared with everyone. The magic of healing, of visioning, of dreaming, of singing, of creating. Totally shared and taught. For this is the beginning of the Rainbow Tribe. The light and brilliance of the diversity coming back together is possible.



[Sophia on YouTube](#)

The sisters who took no gifts, went naked into the midst of the dominating invaders, have found the crippling and the key of Sophia. Sophia the female voice of authority is found and restored. This ancient circle of women who held a gift within their family circles, told the portion of the story they knew have received the key. What all had hoped would happen, has.

The tribe can once again be rainbow colored. The eagle and condor can again fly together. The heart-center can direct those in male bodies in sacred sovereignty. And the souls in female bodies will create and safeguard all that is Good to bring benefit into form.

And so it is.



## You are Safe, Protected, Guided, Resourced



"When sleeping women wake, mountains will move!"  
Old Chinese saying...

